

Activity Design

Title of Activity: Commitment Setting

1. Introduction

Commitment setting activity is where the participants give their pledges and oath to be wetlands and environmental stewards. It also serves as an avenue for the participants to internalize and synthesize their learning and what they can do after the camp.

Some of the commitments are done in a solemn way for the students to feel the urgency of doing action for the wetlands and environment, and to help in disaster preparedness, and climate change mitigation and adaptation. Commitment setting activities can vary according to the time and resources available. It can be in a form of a song, writeshop activity, signature campaign, and other activities where the participants can state or commit on the agreed goals.

2. Objectives:

-) To internalize and synthesize the learnings in the eco-camp;
-) To make a pledge to support and implement projects and activities planned in the Eco-Camp.

3. Total Activity Time:

Total activity time will be 30 minutes to be conducted in one session.

4. Mode of delivery:

Various

45. Participants/Prerequisites:

All Eco-Campers

6. Materials and Equipment:

Check out list for each activity.

7. References:

SDS 30 Class (2014). Heco-Camp 2014. Design and Management of Training Program Course. Department of Social Development Services, College of Human Ecology, University of the Philippines.

8. Procedure

A. Ladder and Tree
) Method/Duration: 30 minutes;

<p>) Materials Needed: Improvised life size tree, yarn, cut papers (1/4 sheet), ballpens, background music</p>
<p>) Procedure</p> <ol style="list-style-type: none"> 1. The organizers will have to make an improvised life size tree using cartolinas, illustration board, etc. On the top of the tree (in the leaves), write wetlands and environmental conservation. 2. Have two (2) yarns for at least 1 meter in length each. Tie the knots forming loops with at least 1 inch apart from the next hole (see figure 1 for the example). A ¼ sheet of paper when rolled must fit in the loop. These yarns will serve as the ladder of the improvised tree. Hang the yarns in the tree with 2 inches space. <div data-bbox="404 571 539 882" data-label="Diagram"> </div> <p>Figure 1. Yarn with loops diagram.</p> <ol style="list-style-type: none"> 3. Distribute ¼ sheets of paper to the participants. In the ¼ sheet, tell them to write what they will do to conserve wetlands and environment and what they will not do anymore to save wetlands/environment. Play background music while doing the activity. 4. After writing, instruct the participants to roll their papers and put it in the holes in the yarn hanging in the tree. 5. Tell the participants the following and add further realizations on the following key points: <ul style="list-style-type: none">) The papers represent the actions that the youth will do for the environment) The ladder symbolizes steps of success on achieving the top or the goal for the environment, but the ladder will be formed only if all will act for achieving the goal.
<p>Source: SDS 30 Students (2014). Heco-Camp 2014. Design and Management of Training Program Course. Department of Social Development Services, College of Human Ecology, University of the Philippines.</p>

<p>B. Commitment Tree</p>
<p>) Method/Duration: 30 minutes</p>
<p>) Materials Needed: Drawing of a big tree, cut out leaves, ballpens, double sided tape</p>
<p>) Procedure</p> <ol style="list-style-type: none"> 1. Draw a big tree on a manila paper, cartolina, or other similar materials. Cut out the

<p>drawing of the big tree.</p> <ol style="list-style-type: none"> 2. Cut out small leaves (preferably 3-4 inches in length) enough for all Campers and other guests present. Make sure that the color of the leaves is different from the color of the tree for emphasis. At the back of each leaves, put double sided tape. 3. Place the cut-out tree in the front of the venue. 4. Distribute the leaves to the participants. Ask them to write what they commit to do for wetlands and the environment; for disaster preparedness and climate change adaptation and mitigation. 5. After writing the commitments, tell the participants to put the leaves on the tree branches. 6. When processing, mention that the leaves are important for the tree to live as their commitments turning into action can make an impact to save wetlands and the environment, and help in disaster preparedness and climate change mitigation and adaptation
Source: Unknown

C. Candle-Lighting Commitment Ceremony
) Method/Duration: 30 minutes
) Materials Needed: small candles, a big candle, lighter, LCD projector, and laptop
) Procedure
<ol style="list-style-type: none"> 1. Ask the participants to stand in a U-shape formation. Distribute the candles to them. 2. Place the big candle in the center. Turn off all the lights in the venue and light the big candle. 3. Ask the participants from each end of the formation to go to the center and light their candles. Tell them to spread the light to other participants. 4. After all of the candles are lit, flash the oath of commitment. Tell them to raise their right hands, and read the commitment. 5. After the oath taking, tell the participants that the lighted candles symbolize their hopes and passion for wetlands and environment, and they must keep the fire burning until a better environment can be achieved (or whatever their goals may be). Turn on the lights and ask the participants to blow the candle and clap their hands.
Source: Unknown

D. Hand marks Commitment Board
) Method/Duration: 30 minutes
) Materials Needed: Coco cloth (preferably 8x3), textile paints of different colors
) Procedure
<ol style="list-style-type: none"> 1. Paint the center of the coco cloth with the theme or name of the event (i.e Youth

Ecological Camp 2016, Kilos Kabataan para sa Lawa, etc.)
<ol style="list-style-type: none"> 2. Ask the participants to brush their hands with the textile paint and press their painted hands on the coco cloth. 3. The hand paint marks in the cloth represents the commitment of the participants to act for saving the lake, wetlands, or environment, being prepared for disasters and to do actions to mitigate of adapt to climate change.
Source: Unknown

E. Flower Commitment Activity
) Method/Duration: 30 minutes
) Materials Needed: Barbecue sticks, flower cut outs, used Styrofoam, brown paint,
) Procedure
<ol style="list-style-type: none"> 1. Attach the barbecue sticks to the flower cut outs as if these are stems. The pointed side of the barbecue stick must be the base of the flowers. 2. Paint the used Styrofoam with brown paint. This will serve as the "land." (usually Styrofoam used in new appliances, etc). 3. Distribute the flowers and place the Styrofoam in the center of the room or in the stage. 4. Ask the participants to write their commitments on the flower. 5. After writing, ask the participants to stick-in the flowers in the Styrofoam forming a garden. 6. Tell the participants that these flowers symbolize their promise to do the actions they agreed on to help conserve wetlands, be prepared for disasters and do actions to mitigate and adapt to climate change.
Source: SDS 30 Students (2014). Heco-Camp 2014. Design and Management of Training Program Course. Department of Social Development Services, College of Human Ecology, University of the Philippines.

F. Signature Commitment Board
) Method/Duration: 20 minutes
) Materials Needed: Markers and tarpaulin
) Procedure
<ol style="list-style-type: none"> 1. Print a tarpaulin with the theme or name of the event at the center. The slogan "I commit on saving the wetlands/environment" or something that will convey the theme of the Camp may also be printed in attractive colors and font on the tarpaulin. 2. At the event, post the tarpaulin on a wall and ask the participants to sign the tarpaulin to symbolize their commitments.
Source: Unknown